

JESUS IS COMING SOON... NOW WHAT?
DEALING WITH WEARINESS
2 Thessalonians 3:13, Matthew 11:28-30
August 9, 2026

“...dear brothers and sisters, never get tired of doing good.” 2 Thessalonians 3:13

A 4-step treatment plan for weariness.

1) We have a clear invitation – Visit the great physician.

“Come to me...”

- This is not an invitation to follow more rules or be religious.
- This is not an invitation to a church.
- Jesus invites weary people to come to him.

2) We see the people Jesus is inviting – All who are weary, and carry heavy burdens.

“...all of you who are weary and carry heavy burdens....”

- This would certainly include all those burdened by sin. – Ps. 38:4
- Those exhausted trying to earn God’s favor by works.
- Those weighed down by life’s trials, grief, fear, worry, etc.

3) We hear an amazing promise – All who come to Jesus, and obey his commands will find rest.

- Rest from the guilt of sin through forgiveness.
- Rest from the impossible idea of trying to earn salvation.
- Ongoing peace and strength for life’s burdens. (Not necessarily the removal of burdens.)

4) Jesus outlines the process – Take Him into your life, and learn from him!

- “Take my yoke = discipleship and submission
- Jesus doesn’t promise a burden free life, but he promises to carry our burdens.
- As we follow Christ, we discover that His way leads to true rest, a cure for weariness.